

## **CHRISTMAS THEME**

Every week campers will play a variety of games and activities.

CHRISTMAS theme inspire creativity, putting a different focus around the sports and games to make each week unique.

Campers will have a day out to explore something new every wednesday.

Every Friday there is a big theme related event including dress up day!

Week 1:
MONDAY, DECEMBER
16th to FRIDAY,
DECEMBER 20th

Week 2:
MONDAY, DECEMBER
23th to FRIDAY,
DECEMBER 27th

Week 3:
MONDAY, DECEMBER
30th to FRIDAY, JANUARY
3RD





#### AFC Sports Co. **HANDBALL FOOTBALL BASKET**

Handling balls by hand and foot.

Psychomotricity, analysis of trajectories, Games, challenge, races



#### **AFC Gymnastics** Course

Motor skills / Routes and movements Gymnastic activities

Relay, challenge, challenge, school and challenges, fun games.

Learn to better find your way in space.



#### **AFC RACKETS** Sports

Development of fine motor skills in children.

Games, challenge, exercises....



#### **AFC Athletic** activities

Learn to run, jump, throw and carry out complex tasks.

Manage the intensity of your activity



### **AFC Sliding activities**

roller / bike

Scooter

Learn to move, move forward, stop, manage/anticipate your movement.

Develop your balance...







# FUN SHEDULE PROGRAM by DAY

EVERY DAY A NEW FAMILY OF SPORTS WILL BE DISCOVERED AND LEARNED BY CHILDREN



2 TO 3 yr old

3 TO 4yr old

4 TO 8yr old

8 TO 8.30 AM DROP OFF BREAKFAST CHALLENGE DROP OFF BREAKFAST CHALLENGE

8.30 TO 9.15 AM ART / CRAFT CLASSROOM

9.15 TO 10 AM AFC Athletic activities

10.15 TO 11AM

AFC Gymnastics
Course

11 TO 11.45AM ART / CRAFT CLASSROOM

11.45 TO 12.15

**LUNCH BREAK** 

12.15 TO 1PM

ART / CRAFT CLASSROOM

1 TO 1.30PM

AFC Sports Co FOOTBALL BASKET HANDBAII

**AFC TENNIS Sports** 

AFC Athletic

activities

ART / CRAFT CLASSROOM

**AFC TENNIS Sports** 

AFC Sports Co FOOTBALL BASKET HANDBAII

LUNCH BREAK

AFC Gymnastics
Course

ART / CRAFT CLASSROOM

DROP OFF BREAKFAST CHALLENGE

AFC Athletic activities

AFC Gymnastics
Course

ART / CRAFT CLASSROOM

AFC Sports Co FOOTBALL BASKET HANDBAII

**LUNCH BREAK** 

**AFC TENNIS Sports** 

AFC EXTRA ACTIVITÉS
ART / CRAFT
CLASSROOM



**DAY SHEDULE PER AGE**